INSTRUCTIONS TO AUTHORS OF THE

INTERNATIONAL JOURNAL OF PSYCHOLOGY:
A BIOPSYCHOSOCIAL APPROACH

MISSION STATEMENT AND OBJECTIVES

The scope of the *International Journal of Psychology: A Biopsychosocial Approach* is to study the phenomena of human mental processes and behaviour, based on the viewpoint that both mind and behaviour originate, develop and function due to close interaction of biological and psychological factors with social environment. Such holistic understanding of mental phenomena as well as human behaviour stresses the necessity of integration of different branches of science. Therefore, the priority will be given to the topics, analysing psychological issues within the broader context, including biological, psychological, and social aspects.

*International Journal of Psychology: A Biopsychosocial Approach* encourages discussions among scientists and academic communities of Lithuania, USA and other countries, strives for collaboration of scientists, representing various scientific fields and branches, in order to promote the development of Psychology, and to expand practical implementation possibilities enabling to find the most appropriate solution of problems faced both by the individual and the community within the rapidly changing social milieu.

The authors are encouraged to submit original empirical as well as theoretical articles, with diverse methodology and methods of statistical analysis, which would expand the knowledge in the field of Psychology, and (or) have importance for practical psychologists.

1. Manuscripts have to be prepared according to general international standards for publications in social sciences (recommended *Publication Manual of the American Psychological Association*, Washington DC, current edition).

2. Manuscripts could be submitted in both English and Lithuanian. Writing should be concise and correct.

3. Manuscript should cover:
   - title (as brief as possible, but informative);
   - first names and surnames of all authors; educational degrees of the authors, scientific interests, institution(s) to which the authors are affiliated; name, address, e-mail address, phone number of the corresponding author;
   - abstract (not exceeding 200-250 words) should reflect the structure of the manuscript (background, purpose, material and methods, results, conclusions);
   - 3-5 key words (they should not repeat the title of the manuscript, but be informative; e. g., they may be selected from MeSH catalogue). Different terms in keywords and title increase the probability for publication to be easier found within the databases. Keywords, in comparison with the title, might represent the term in broader or more narrow understanding (if you title your manuscript as „The role of personality in risky driving of young drivers”, you provide „extraversion”, „neuroticism”, „impulsiveness”, „driving errors”, „traffic rule violations” as keywords). If authors consider cultural
context or geographical reference as the important factors to understand the presented data, related keywords could be introduced (e.g. “young drivers”, “Lithuania”).

- introduction (operationalization of problem and relevance of publication, object and aim of manuscript, hypotheses or research questions, if necessary);
- methods (if manuscript covers report of empirical data, research methods, procedures, and subjects have to be described precisely, if a manuscript presents theoretical article or overview of literature, logics of the analysis has to be presented);
- analysis of the results or scientific problem (tables and pictures have to be clear, using comfortably readable text font; data in the tables and pictures only complements the text, but not duplicates); tables and (or) pictures should be placed in the appropriate place in the text (not at the end of the manuscript, and not in a separate file);
- discussion of the results (results in relation with the hypotheses, the interpretation and implication of results, results in relation with findings of previous studies, study limitations, if applicable);
- reference list in an alphabetical order, not numbered, DOI included.

4. Articles, which present empirical data, should not exceed 5 500 words. Theoretical articles or literature reviews may reach 8 000 words.

5. One electronic copy of the manuscript in Microsoft Windows Word format (text body – 12 font size, Times New Roman font, double-spaced, margins: 2 cm top, bottom, and right, 3 cm left) has to be submitted to the Editorial Board using the online submission system. Author should store one copy and all required documents to guard against loss.

6. Use only black and white pictures and tables, grey scale colors have to contrast clearly. Scanned pictures are undesirable; exceptionally, upon agreement with the editors, pictures should be in .tiff format with resolution not less than 300 inch/dpi. When submitting the article, archive all files into a single ZIP archive.

7. If necessary, acknowledge people or institutions contributed to preparation of the manuscript. People, who consulted the authors, but have not been assigned as authors, might be acknowledged with their functions or level of contribution, e.g., scientific consultant, data collectors, participation in research, etc.

8. Authors are required to include the following in their submission letter (scanned):
   - a statement that the aim and the content of the article correspond to the scope of the journal;
   - a statement that the empirical data, description of the sample, and methods used in the article are compliant with ethical standards of psychological research (e.g., WMA Declaration of Helsinki; permission of bioethical committee, etc.);
   - a statement disclosing conflicts of interest between the author and Editorial Board of the Journal, between the author and research sponsor, between the author and the publisher, etc.;
   - a statement that all listed authors have contributed significantly to the manuscript and consent to their names on the manuscript;
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